



Some food for thought, etc.

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Spanish Showdown, Slow Brexit

With separatists in Catalonia pushing for independence, Spain's democratic government is facing a constitutional crisis. Meanwhile, little progress has been made in negotiations on the terms of the United Kingdom's pending exit from the European Union.

Geopolitical tensions can affect economies and move financial markets. Here's a closer look at these two political standoffs taking center stage in Europe, either of which could influence national growth prospects as well as some international investments.



Spanish Instability

Catalonia is the northeastern region of Spain that includes Barcelona. It has its own language and cultural heritage. The region has 7.5 million residents, or about 16% of Spain's total population, and it accounts for nearly 20% of Spain's gross domestic product (GDP).¹ The historical roots of this conflict are complex, and some divisions have existed for decades if not centuries. However, the current situation stems from a 2015 election that put separatist parties in control of Catalonia's regional parliament.²

Spain's 1978 constitution requires a nationwide election for any one of the 17 autonomous regions to gain full independence. On October 1, Catalonia held a unilateral referendum on independence, even though the nation's constitutional court had ruled it illegal. Violence broke out between police and voters, leading to public demonstrations.³

In an attempt to restore order, Prime Minister Mariano Rajoy invoked Article 155 of the Spanish Constitution, asking for emergency powers that were granted by the Senate. The Catalan government is being stripped of its autonomy, and certain agencies could be controlled by the central government in Madrid until new elections are held on December 21, 2017.⁴

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Economic Costs

Catalan leadership contends that the current tax structure is unfair and the region would be better off on its own. But EU officials have backed the Spanish position, and Catalonia seems to have the most to lose, at least in the short run.⁵ More than 1,100 companies have already started the process of moving their legal headquarters out of the troubled region.⁶ If political unrest escalates, tourists might avoid Spain and especially Barcelona, a popular destination that welcomed 8.4 million travelers last year. Tourism accounted for a significant slice (14%) of Spain's GDP in 2016.⁷

The crisis could even hamper a robust recovery in the EU's fourth largest economy. Spain's GDP expanded by 3.2% in each of the past two years and is expected to grow around 2.8% in 2017.⁸ However, the Spanish government has cut its forecast for 2018 GDP growth from 2.6% to 2.3%, citing the clash with Catalonia.⁹

The potential for more severe economic damage for Spain may depend on how punitive measures are carried out and the degree of resistance by Catalan leaders and citizens.



Brexit Uncertainty

As the U.K. prepares to leave the EU, a weaker pound, rising inflation, and a slowdown in consumer spending have taken a toll on the U.K. economy. In the third quarter of 2017, U.K. GDP annual growth slowed to 1.5%, down from 1.8% in the first quarter.¹⁰ Brexit terms are not expected to be finalized until shortly before the deadline in March 2019, and the possibility of "no deal" or a "disorderly Brexit" is still a concern. In late October, Prime Minister Theresa May dashed hopes that a transitional trade pact (intended to help businesses plan for the two-year period beyond the exit date) will be forged early in 2018.¹¹

EU on the Mend

A major concern surrounding both of these events is the possibility of contagion — that dissatisfied factions in other EU nations might be inspired to follow suit. But the region has made its way through a challenging decade with debt crises, high unemployment, and two economic downturns. In fact, the EU economy has been on a promising streak since mid-2013, with the pace of GDP growth picking up to 2.3% in the second quarter of 2017.¹²

Portfolio Implications

Many investors include international investments in their portfolios to help increase their overall level of diversification. Some international investments cast a wide net that strives to capture worldwide economic activity, whereas others focus on a specific region or a single country.

If you own international investments, be prepared to hold tight during bouts of market volatility. It may be tempting to shift assets into or out of a region or nation based on the most recent headlines, but doing so could cause you to buy at high prices or sell at market lows, turning paper losses into permanent ones. You might review your portfolio periodically to help ensure that your asset allocation stays aligned with your risk tolerance and investment strategy over the long term.

Asset allocation and diversification are methods used to help manage investment risk; they do not guarantee a profit or protect against loss. All investments are subject to market fluctuation, risk, and loss of principal. When sold, investments may be worth more or less than their original cost. Investing in foreign securities carries additional risks, such as differences in financial reporting, currency exchange risk, as well as economic and political risk unique to the specific country, that may result in greater share price volatility. These risks should be carefully managed in light of your goals and risk tolerance.

1, 3, 9, 11) Bloomberg.com, October 17 & 24, 2017

2) The New York Times, September 26, 2017

4) The Wall Street Journal, October 27, 2017

5) LA Times, October 19, 2017

6-8) CNN, October 20 & 21, 2017

10) Office for National Statistics, October 25, 2017



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Source (BroadridgeInvestor Communication Solutions, Inc.)

Recipe of the Month

Beef Barley Vegetable Soup

Ingredients:

- *1 pound ground pork*
- *1 large onion, chopped*
- *1 green bell pepper, chopped*
- *5 cloves garlic, chopped*
- *2 tablespoons taco seasoning mix*
- *3 tablespoons all-purpose flour*
- *2 cups beef broth*
- *1 (10.75 ounce) can condensed cream of mushroom soup*
- *1 cup milk, or as needed*
- *3 slices American cheese, cut into pieces*
- *salt and black pepper to taste*



Directions:

Brown the pork in a large skillet over medium heat for about 10 minutes, breaking up the pork as it cooks, until the meat is no longer pink inside. Stir in the onion, green pepper, and garlic, and cook and stir for another 10 minutes, until the onion is translucent. Sprinkle on the taco seasoning, stir to incorporate, then mix in the flour. Stir the mixture, pour in the beef broth, and bring to a boil. Cook and stir the mixture for about 5 more minutes, until it starts to thicken.

Mix in the mushroom soup and milk, bring back to a boil, and add the American cheese. Cook and stir the stroganoff for 5 minutes, until the cheese has melted and the mixture is bubbling. Add salt and pepper to taste, and serve hot.

Original recipe makes 10 servings.